

«Take the infusion» is an active therapeutic strategy for maintaining health

The World Health Organization defines health as "a state of complete physical, mental and social well-being, not just the absence of disease and physical defects." [1] Humanity understands the value of health, so the development of medicine has become an important component of modern society. Medical knowledge, experience in the implementation of various therapeutic approaches to restore and maintain health are increasing, with the simultaneous expansion of health care capabilities and resources.

Everyone has the right to have a good health. It is the right to use various services, institutions and facilities, and to have adequate living conditions to be as healthy as possible.

The future is preventive medicine, which aims to identify risks in time and ensure the maintenance of a satisfactory state of functioning of the body. This requires a careful and responsible attitude to your health. Today, the intensity of medical care is determined by the extent of involvement of parenteral methods of drug delivery to target organs.

Solutions for intravenous infusion therapy are medicines that use the vassels, not the organs of the gastrointestinal tract, and have maximum bioavailability, which determines their intensive therapeutic effect. Doctors use medicines for infusion therapy both in the conditions of intensive care units and at the outpatient level of providing medical care.

When a doctor has a difficult clinical case, the thought comes to him – take the infusion. The therapeutic approach of "Take the infusion" defines an active therapeutic strategy, which aims to ensure the restoration of the patient's satisfactory state of health by using the principles and means of low-volume infusion therapy.

When using drugs for low-volume infusion therapy, one should be guided by the indications and contraindications for their use, accurately choose the dose, speed and duration of administration to ensure the achievement of therapeutic goals.

The therapeutic approach of "Take the infusion" is aimed at providing opportunities for everyone to find and receive information related to issues of health restoration.

Everyone, in their right to health, should receive accessible and sufficient information about the possibilities of preserving their physical, mental and social well-being.

Literature sources:

1. Preamble to the Constitution of the World Health Organization, approved at the International Health Conference, New York, June 19-22, 1946; signed on July 22, 1946 by representatives of 61 countries (World Health Organization Archives, No. 2, p. 100), entered into force on April 7, 1948.